



Issue 6

1 May 2020

# Henleaze News



## Lots of New Things To Learn

**Wow!** What a week! We have all been **learning new things**, Children, parents and teachers too! We have been trying to make things easier for you to find, a place for your **gorgeous work** to be sent so that we can see and tell you just how amazing you are doing. That's Mums and Dads too who are also having to learn lots of new things. **A huge well done to everyone.** These are very strange times and you are all doing so so well. So much so you can all have a 4 day week next week! Ok, so has most of the country...It is for a special reason...Bank Holiday Friday to help us think about and commemorate **VE Day**. You will hopefully find out much more about what this is about next week but there's also some information in this issue to get you started!

Please continue to send all your wonderful pictures to share in our newspaper to the email below as well as the work going to your teachers:

[photos.henleazei@bristol-schools.uk](mailto:photos.henleazei@bristol-schools.uk)

## VE Day Recipe

This is an actual recipe from the time using rations:

### Potato Scones

- 6 oz flour
- 4 oz mashed potato
- 1 teaspoonful baking powder
- ½ teaspoonful salt
- 1 oz fat
- 4-5 tablespoonfuls milk



Mix the flour and salt. Add the baking powder and work into the mashed potato. Rub in the fat. Blend to a soft dough with milk. Roll out to ¼ inch thickness. Cut into rounds. Brush the tops with milk. Bake on greased baking sheets for 15 minutes in a hot oven. For a sweet scone add 1 oz sugar.



## Weekly Challenge

Make some VE Decorations for your windows or house for next Friday. You could do some special baking. See opposite for a recipe idea....



You could send in some photos to:

[photos.henleazei@bristol-schools.uk](mailto:photos.henleazei@bristol-schools.uk)



Poster about Bristol



Collage Representing Bristol  
Dylan, Class 5



Betty, Class 4  
Or is it Golam and Ghyston?



Happy 100th Birthday Captain Tom

## Who's Who?

Each week we will post 4 pictures of staff showing what they looked like when they were the same ages as you. Last Week's answers:

Miss Thomas



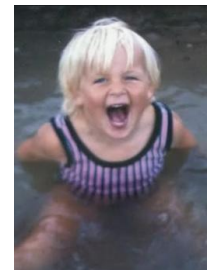
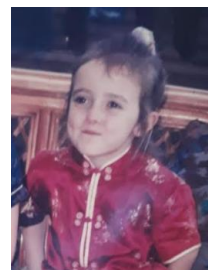
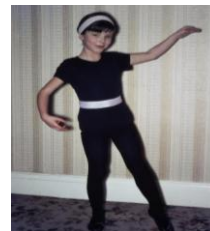
Mrs Bishop



Miss Simmons



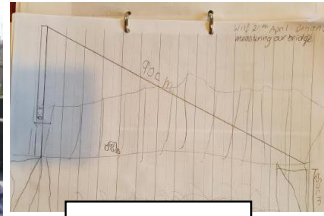
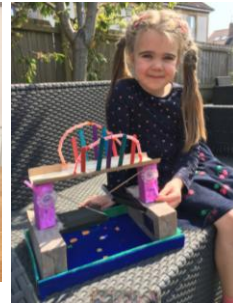
Mrs Brand





More Engineers of the future...

# More New Bridge Designs for Bristol



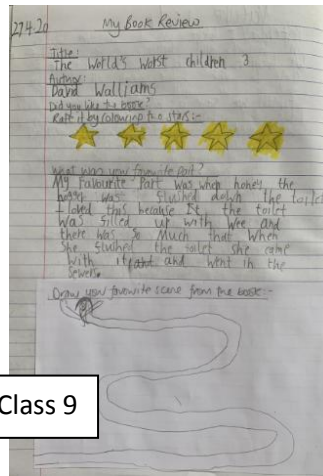
Dylan, Class 5

Wilf, Class 6

Amelie, Class 6



Mini Olympics



Thomas, Class 9



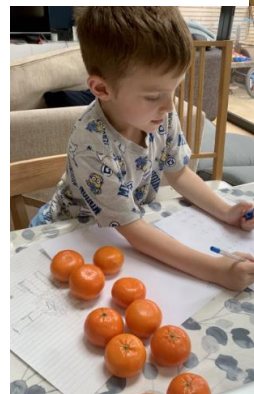
Solar Oven Fun



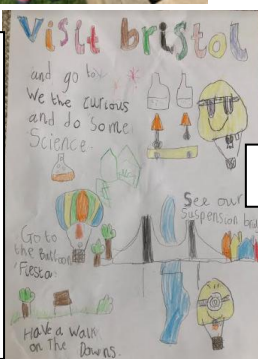
Bug Hotel



Issy, Class 6



Billy, Class 6



Grace, Class 6





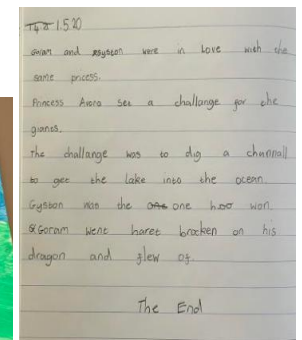
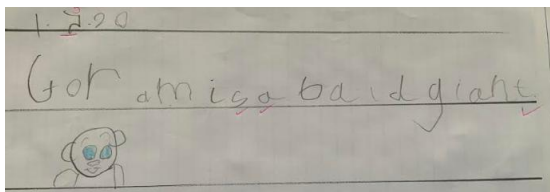
# Letter from Mrs Fricker

Dear Children

I have been thinking about you all this week. I was inspired by the photos of some of you baking and the ingenious solar oven and decided to try out some new recipes with Amelie and Luca. We made some peanut butter and chocolate cookies to eat during a movie evening. I also took some photos of Beautiful Bristol on my daily walks with Orla that I will show you some in my assembly on Monday. I walked under The Suspension Bridge one day and along the Avon Gorge on another(although I was disappointed that I didn't spot any!). I also saw the SS Great Britain and Matthew ships on the docks. I know Year 1 will be learning about the SS Great Britain next week! At home I have been growing some beans and tomatoes. They are looking much better since we have had some rain. I am looking forward to celebrating the **Stars of the Week** on Fridays. We will have a special squash and biscuits time when we are all back together.

Love From Mrs Fricker

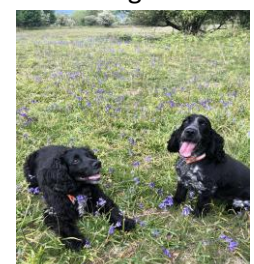
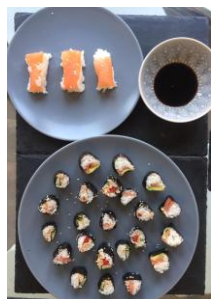
## Pictures from School



## Teacher Feature

Hello everyone! I hope you have enjoyed all of your learning at home so far and have been enjoying the new topics! While being at home I have been doing a lot of cooking. I have baked cakes and even made some sushi. Making sushi was a bit of a challenge but it tasted very yummy. To counteract all of the eating I have done, I have been going running. I used to run a lot a couple of years ago but stopped. It has been great to get back into it again and I have really enjoyed getting out, especially as I don't have a garden to enjoy the sunshine in. This month I have managed to run 73.7km, compared to 0km January to March! I have also been painting some cards to send to my friends and family who I can't see at the moment. I'm hoping receiving cards in the post is brightening up their days. I have painted an extra special one for my Granddad who turns 101 on 4<sup>th</sup> May! I have been enjoying dog walks with my partner. He has two dogs, both Cocker Spaniels called Pepper (2 years old) and Bella (10 years old). It has been great walking and playing with them but Pepper tends not to come back to us when we call her! She's a little bit cheeky! Bella stays by our side as we walk. It has been lovely to go into school a couple of times to see some of the children who are there. I am also really enjoying seeing the pictures and videos that are being sent to 2Build a Profile. I am missing school lots and hope to see you all soon.

Miss Simmons x



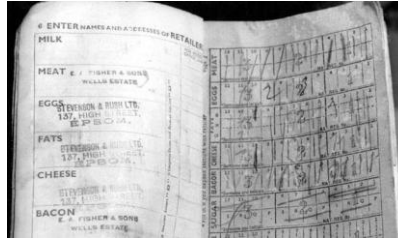
Bella (L) Pepper (R)

# What was rationing during WW2?

Weekly wartime food rations made creative cooks of everyone. Fussy eaters and even vegetarians would have struggled with rations. The weekly food shop was a little different in the years before VE Day 70 years ago. There were certainly no shops selling a bit of everything – instead you went to the butcher for weekly meat rations, visited the baker for your allocation of bread and so on.

Here is a typical weekly food allowance for one adult during World War II. Children would receive half this amount:

- Bacon and ham (3-4 slices/rashers) 4 oz
- Other meats – 2 small chops
- Butter 2 oz
- Cheese 2 oz
- Margarine 4 oz
- Cooking fat 4 oz
- Milk 3 pints
- Plus 1 packet dried milk per month
- Sugar 8 oz
- Preserves every two months 1 lb
- Tea 2 oz
- Egg (shell egg) 1
- Plus 1 packet dried egg per month
- Sweets 12 oz



A Ration Book

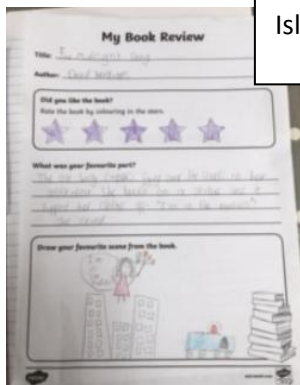
A typical adult's monthly allowance might provide a tin of salmon or fruit and half a pound of dried fruit. Bread, flour, fish (if available), offal, game (including rabbit and venison) and sauces and pickles were not rationed but were often hard to get your hands on. Ask your mums and dads what offal is!

The Davies family are working with friends in a Keepy Uppy challenge to raise money for the NHS.

This is the Justgiving link for anyone who wants to join them.  
<https://www.facebook.com/100004027055093/posts/1950167688460781?d=n&sfns=mo>



Isla, Class 7



## Communication

### Quick Reference Guide for Parents/Carers:

#### General School Enquiries:

[henleaze.i@bristol-schools.uk](mailto:henleaze.i@bristol-schools.uk)

#### Questions concerning learning for class teacher: (Add class number\_)

[class\\_@henleaze-inf.bristol.sch.uk](mailto:class_@henleaze-inf.bristol.sch.uk)

#### Confidential Welfare or Safeguarding Concerns or Questions:

[safeguardinghenleazeinfants@bristol-schools.uk](mailto:safeguardinghenleazeinfants@bristol-schools.uk)

#### Sending in photos of work for class teacher feedback:

[inbox@2buildaprofile.com](mailto:inbox@2buildaprofile.com) (sent from your agreed email account)

#### Photos or articles to be included in Henleaze News:

[photos.henleazei@bristol-schools.uk](mailto:photos.henleazei@bristol-schools.uk)



Nathan, Class 5





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**Instagram:**  
**@chartwells\_uk**

Together we can help!  
 @damekellyholmes  
 @damekellyholmestrust

**UK Charities need our help!**

Chartwells are supporting The Dame Kelly Holmes Trust in the 2.6 challenge. The Trust supports 11-25 year-olds who are harder to engage in both education and in the community with the vision that every young person has the confidence, resilience and self esteem to succeed in life.

Due to the COVID-19 outbreak, UK charities are going to take a huge hit with up to £4 billion of funding at risk. The 2.6 Challenge is a way for people to still raise funds for charitable causes, starting from Sunday 26 April (the day the London Marathon was due to take place, an event that typically generates £66m of funding).

The charity needs our support now more than ever, so let's do our bit to help!

How can you get involved?

- Create 2.6 using different foods.
- Share your 2.6 creations with us via email and post on social media with the hashtag #twopointsixfoodsnap (don't forget to tag us)!
- Nominate 2 or 6 people to take part.
- Donate £2.60 or more to: <https://justgivingchartwells.page.link/mVFa>

Our target is to hit £2,600 so please get behind us and help spread the challenge!

We look forward to seeing your creations!  
 Many thanks,  
 The Chartwells Team

# **A Message from Chartwells**

## **Our school Meal Providers**

Have you heard about the 2.6 Challenge? Well, it's underway!

With the cancellation of the London Marathon, thousands of charities will lose vital funding. We want to help, so have partnered with The Dame Kelly Holmes Trust to support with their fundraising.

**HOW YOU CAN GET INVOLVED...**

1. Create a picture of the number 2.6 out of food items and take a photo (examples above)
2. Share your snap on our social media – Facebook, Instagram and Twitter using the #twopointsixfoodsnap and @chartwells\_uk @damekellyholmestrust @damekellyholmes
3. Nominate 2 or 6 friends, relatives and colleagues to take part so that we spread the word!
4. Donate £2.60 or more via <https://www.justgiving.com/fundraising/chartwells-compass>

Our launch video with Kelly Holmes is now live on [youtube](#). Click the link to hear more.