

Week 3

W/C: 29/04, 20/05, 17/06, 08/07, 16/09, 07/10

Three week menu

Spring/Summer 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISH 1	Margherita Pizza Served with Potato Wedges	Beef Lasagne Served with Garlic and Herb Bread	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	Fish Fingers Served with Chips
HOT DISH 2	Vegetable Korma Served with Wholegrain Rice	Vegetarian Lasagne Served with Garlic and Herb Bread	Vegetarian Cottage Pie Served with Roast Potatoes and Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
HALAL DISH		Beef Lasagne Served with Garlic and Herb Bread	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
PASTA: Wholemeal pasta with homemade tomato sauce served daily					
All main meals served with two vegetables					
DESSERTS	Vanilla Ice Cream	Strawberry Jelly	Banana Cake	Scillian Lemon Cookie	Chocolate Brownie with Fruit

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT

🌿 Vegetarian
🐟 Oily fish
🌾 Wholegrain
🍏 Fruity!
👨‍⚕️ Nutritionist's Choice
🍲 Halal Available

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For medical diets requirements please email chartwells.medicaldiets@compass-group.co.uk or visit www.chartwells.co.uk/nutrition

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



Week 1

W/C: 15/04, 06/05, 03/06, 24/06, 15/07, 02/09, 23/09, 14/10

Week 2

W/C: 22/04, 13/05, 10/06, 01/07, 22/07, 09/09, 30/09, 21/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISH 1	Margherita Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Served with Wholegrain Rice	Fish Fingers Served with Chips
HOT DISH 2	Sweet Potato Curry Served with Wholegrain Rice	Vegetarian Burger Served with Potato Wedges	Vegetarian Cottage Pie Served with Gravy	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Quorn Dippers Served with Chips
HALAL DISH		Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Served with Wholegrain Rice	
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of fillings, including salmon mayo	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
PASTA: Wholemeal pasta with homemade tomato sauce served daily					
All main meals served with two vegetables					
DESSERTS	Strawberry Ice Cream	Crispy Crackle Bar with Fruit	Orange Jelly	Flapjack	Chocolate Sponge

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISH 1	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	Fish Fingers Served with Chips
HOT DISH 2	West African Vegetable Rice Served with Wholegrain Rice	Vegetarian Bolognese Served with Wholewheat Pasta	Vegetarian Cottage Pie Served with Roast Potatoes and Gravy	Macaroni Cheese	Veggie Fingers Served with Chips
HALAL DISH		Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
PASTA: Wholemeal pasta with homemade tomato sauce served daily					
All main meals served with two vegetables					
DESSERTS	Strawberry Ice Cream	Chocolate Cookie with Fruit	Orange Jelly	Vanilla Sponge	Chocolate Shortbread with Fruit

AVAILABLE EVERY DAY: WATER, SALAD, FRESHLY BAKED BREAD, TWO VEGETABLES, YOGHURT AND FRESH FRUIT

🌱 Vegetarian
🐟 Oily fish
🌾 Wholegrain
🍏 Fruity!
❤️ Nutritionist's Choice
🕸 Halal Available